



FALL 2022

OFFICE OF GRADUATE & POSTDOCTORAL STUDIES (OGPS)

ACADEMIC SUPPORT WORKSHOPS

August

Wednesday,
August 24
12:00-1:00 PM

Dissertation Success Cohort

Are you looking for ways to stay motivated and on track with your dissertation? The National Center for Faculty Development & Diversity (NCFDD) offers a 12-week series titled The Dissertation Success Curriculum. Participants in this cohort will activate their free membership to NCFDD and meet weekly with their cohort to follow and discuss this curriculum. Each weekly meeting will include a summary of the insights offered for that week of the curriculum, discussion of challenges, and accountability check-ins for motivation and encouragement. This cohort is for those who are willing and able to make a 1-hour weekly commitment to attend and participate in a group for dissertation success. This workshop is limited to 20 participants. Only those who register for and attend the first meeting of the cohort workshop will be eligible to participate in the weekly sessions. Led by Dr. Lauren Lukkarila. [Please register here.](#)

Monday,
August 29
4:00-5:15 PM

Academic Time Management

Are you a new graduate student concerned about meeting the challenging demands of graduate classes? Are you a continuing graduate student who has struggled to meet deadlines and keep up with the projects most important to you? This workshop will help you to understand and identify the reasons that your time management challenges persist despite your best efforts to use common time management tools. Tips on selecting and using techniques for addressing the underlying causes of time management will be shared during the workshop. Participants in this workshop will be invited to commit to a semester-long, weekly 10-15 minute individual time management coaching session designed to support them in addressing and resolving time management challenges they face throughout the semester. This workshop is limited to 20 participants. Only those who register for and attend the workshop will be eligible to participate in the weekly coaching sessions. Led by Dr. Lauren Lukkarila. [Please register here.](#)

Monday,
August 29
5:30-6:30 PM

Postdoc Writing Success Cohort

Are you a postdoc professional looking for ways to stay motivated and on track with your own research and writing while working on your postdoc? The National Center for Faculty Development & Diversity (NCFDD) offers a 10-week series titled Core Curriculum. Participants in this cohort will activate their free membership to NCFDD and meet weekly with their cohort to follow and discuss this curriculum. Each weekly meeting will include a summary of the insights offered for that week of the curriculum, discussion of challenges, and accountability check-ins for motivation and encouragement. This cohort is for those who are willing and able to make a 1-hour weekly commitment to attend and participate in a group for writing success. This workshop is limited to 20 participants. Only those who register for and attend the first meeting of the cohort workshop will be eligible to participate in the weekly sessions. Led by Dr. Lauren Lukkarila. [Please register here.](#)

Tuesday,
August 30
4:00-5:00 PM

New Graduate Student Success Cohort

Are you a new Master's or PhD student in the first semester of your program of study? Are you concerned that the adjustment to a new program and/or a new place will make it difficult to maintain focus and achieve your goals during your first semester? Participants in this cohort will meet weekly on Zoom to discuss challenges, share information, set weekly success goals, and support one another with accountability check-ins. Each week will also include a brief presentation by the facilitator in which information and resources are shared that are specifically related to the current challenges that members of the cohort are facing. This cohort is for those who are willing and able to make a 1-hour weekly commitment to attend and participate in a group for new graduate student success. This workshop is limited to 20 participants. Only those who register for and attend the first meeting of the cohort workshop will be eligible to participate in the weekly sessions. Led by Dr. Lauren Lukkarila. [Please register here.](#)

September

Monday,
September 12
4:00-5:00 PM

The PhD Journey from Coursework to Career

Are you a Master's student considering applying to a PhD program or a first or second year PhD student wanting an overview of the next steps in your PhD journey? In this workshop, we will discuss how to navigate and prepare for the phases and transition points that mark the pathway of a PhD student. Led by Dr. Lauren Lukkarila. [Please register here.](#)

Thursday,
September 22
4:00-5:15 PM

Academic Reading & Note-Taking Strategies

Is your current approach to the reading load of graduate school working? Are you having difficulty deciding how to take notes on what you are reading? In this workshop, we will discuss different approaches to reading, challenges that interfere with reading and strategies for overcoming those challenges. We will also examine the pros and cons of different approaches to note-taking to assist you in selecting note-taking approaches that are aligned with your purposes. Led by Dr. Lauren Lukkarila. [Please register here.](#)

October

Monday,
October 17
4:00-5:15 PM

Creating Flow in Your Scholarly Writing

Are you looking for ways to improve your writing and communicate more effectively with an academic audience? In this workshop, we will discuss the importance of flow in scholarly writing and how you can improve the flow of your writing. We will examine techniques published academic writers use to create cohesion and coherence, which ultimately creates the kind of flow that your academic readers expect. Led by Dr. Lauren Lukkarila. [Please register here.](#)

Thursday,
October 27
4:00-5:00 PM

Staying Motivated Through the End of the Semester

Are you finding it hard to focus and do the things you need to do to have a strong finish to this semester? In this workshop, we will discuss long-term and short-term motivation. We will examine strategies and techniques to improve both types of motivation, and hopefully, you will leave this workshop with an idea or two that will help you to jumpstart your motivation. Led by Dr. Lauren Lukkarila. [Please register here.](#)

November

Tuesday,
November 15
2:00-5:00 PM

Three Minute Thesis

[Three Minute Thesis \(3MT®\)](#) celebrates the exciting research conducted by PhD students. Developed by The University of Queensland (UQ), the exercise cultivates students' academic, presentation, and research communication skills. The competition supports their capacity to effectively explain their research in three minutes, in a language appropriate to a non-specialist audience. Students interested in participating or with any questions should email ogps@tulane.edu by October 14. Preference will be given those in their final year of their PhD program. This event will be in-person taking place in the Kendall-Cram Lecture Hall of the LBC.